



When you have an asthma attack
your airways become narrower



...and narrower



...and narrower



...until you stop breathing.

BOOK NOW

For more information on the **Emergency Asthma Management Course**, please contact the **Education and Training Officer** on **9289 3646** or eto@asthmawa.org.au

The Asthma Foundation of WA Inc

36 Ord St West Perth WA 6005

PO Box 864 West Perth WA 6872

Infoline: (08) 9289 3600 or 1800 645 130

Email ask@asthmawa.org.au

Website www.asthmawa.org.au

FREECALL 1800 645 130

The Emergency Asthma Management Course (EAM VIC 21886) is offered through a joint partnership between the Asthma Foundation of WA and the Asthma Foundation of Victoria.



emergency asthma management course

asthma is serious

Asthma can and does kill.
It kills at least one Australian every day.



The Asthma Foundation of WA is a Registered Training Organisation.



Learn how to save a life

what would you do?

“He started wheezing... could barely breathe. I’ve never seen that before when you can’t breathe, you really do turn blue. I remember he once told me he had asthma. I didn’t realise how serious it could get. It looked like he was dying.” *Witness to an asthma attack in the workplace*

In many asthma emergencies, bystanders don’t know what to do. Consequently, they do nothing. That’s why people die. And that’s why people from all walks of life should learn asthma first aid.

learn how to save a life

The Asthma Foundation of WA offers a course in Emergency Asthma Management (EAM VIC 21886). The course provides the information and skills to enable you to confidently help a person having an asthma attack.

The course is suitable for ANYONE at work, home or play.

The course consists of TWO MODULES:

1. THE CORE MODULE consisting of subjects, including:

- general asthma information
- recognising asthma symptoms
- asthma medication and delivery devices
- day-to-day management of asthma
- identifying asthma triggers and how to minimise them
- emergency treatment

2. ONE ELECTIVE MODULE which you choose based on the environment where you would most likely deliver asthma first aid:

- children’s services
- workplace
- sport and leisure

what will i be qualified to do?

The Emergency Asthma Management Course is a Nationally Accredited Training Course. You will be qualified to manage an asthma emergency with a certificate of recognition that remains valid for three years.

where and when?

The Course is run throughout the year at our training centre in West Perth. We can also conduct on-site education for groups of 10 or more people.

how long and how much?

It’s just \$50 per person for a three hour session.



Over 220,000 Western Australians have asthma. We are all impacted by asthma in some way.

