

Asthma Reliever Use Log

Cross off the number of doses (puffs) used to identify remaining doses.

2	4	6	8	10	12	14	16	18	20
22	24	26	28	30	32	34	36	38	40
42	44	46	48	50	52	54	56	58	60
62	64	66	68	70	72	74	76	78	80
82	84	86	88	90	92	94	96	98	100
102	104	106	108	110	112	114	116	118	120
122	124	126	128	130	132	134	136	138	140
142	144	146	148	150	152	154	156	158	160
162	164	166	168	170	172	174	176	178	180
182	184	186	188	190	192	194	196	198	200

Proudly supported by

