

ASTHMA POLICY SAMPLE

Policy goal

All children who are known to have asthma are supported via asthma policies and procedures and all people attending _____ [insert name of sports group] can access Asthma First Aid in an emergency.

Policy commitment

- The majority of staff/volunteers have current training in Asthma Online Coaching Course. At least one staff member/volunteer on duty at any time holds a current certificate for approved competency assessed First Aid training e.g. Provide First Aid (HLTAID003).
- Asthma Action Kits are accessible to staff/volunteers and include in-date reliever medication, single person use spacers (and masks for under 5 year olds if required).
- Asthma First Aid posters are on display where possible.
- The needs of people with asthma are considered in all other policies and procedures.

Roles and responsibilities

Children:

- Are supported to self-manage their asthma in line with their age and stage of development.

Parents/carers:

- Complete a pre-participation screening questionnaire and provide an Asthma Action Plan, signed by their doctor.
- Ensure child's reliever medication (and a spacer and mask as required) is accessible when taking part in physical activity.
- Alert staff to any changes in their child's asthma management.

Staff:

- Document any asthma attack and advise parents/carers as a matter of priority.
- Replace asthma emergency equipment in the asthma action kit when it has been utilised or expired as a matter of priority.
- Ensure a spacer/mask is only used by the same person to meet best practice infection control. That person can re-use the spacer/mask.
- Minimise exposure to known asthma triggers where possible.

Management

- Provide strategies for dealing with emergencies as per [Junior Sport Policy](#):
 - Have records available with details on how to contact parents/carers of young people.
 - Provide written procedures for medical emergencies.
 - Provide first aid training for sport providers.
 - Provide first aid kit and rescue equipment suitable for the sport.
 - Follow up emergencies and change procedures if needed.
- Maintain a central record of children's health care needs, including asthma, and review regularly.
- Induct new staff/volunteers in asthma policies and procedures including asthma training and information for all staff.
- Review policies and practices.

Monitoring and review

This policy will be reviewed annually.