

LIVING WITH ASTHMA AND ALLERGIES

THURSDAY 16TH MAY 2018
7.30-9PM
37 HAMPDEN RD, NEDLANDS

Presented by Asthma WA and
Allergy Support Hub



Over 1 in 9 Australians are living with Asthma, that is more than 2.5 million. Up to 80% of people with asthma also have allergies.

Allergy support hub and Asthma WA are working together to bring you a seminar on living with allergies and asthma.

Topics will include:

- Effective asthma management, tools and techniques
- Allergy management strategies
- Managing the emotional side of allergies and asthma
- Allergies, asthma and anxiety

For more information and to book, go to
www.allergysupporthub.com.au
or email
info@allergysupporthub.com.au

