



Bust Out in Blue is a campaign created by Asthma WA to raise awareness of asthma and how it affects kids in Western Australia.

Asthma WA encourages students and teachers to Bust Out in Blue and explore ways they can support and encourage other students with asthma to participate with confidence.

IN SUPPORT OF



### Some ideas for Bust Out in Blue

- Have a fancy dress day - wearing as much blue as you can gather
- Put on some blue face paint
- Hold a crazy blue hair day
- Bake something blue
- Have an Asthma WA colouring competition
- Paint your nails blue
- Hold a paper airplane contest using blue paper
- Create a story or develop a skit/play about asthma at school



Donation tins, promotional templates and activity suggestions are available.

Simply contact the Asthma WA Community Engagement Team for more information.

We'd love to hear from you!

P: (08) 9289 3600

E: [community@asthmawa.org.au](mailto:community@asthmawa.org.au)

W: [asthmawa.org.au](http://asthmawa.org.au)