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Breathe Better



Legacy Leaders

A bequest to Asthma WA leaves a legacy of hope for Western Australians living with respiratory conditions





It's a common misconception that leaving a gift in your Will is only for the wealthy. In fact, most bequests are made by people who simply want to make a positive difference to their community after they pass. We appreciate any contribution however big or small and will ensure it is put to good use in helping Western Australians breathe better. By leaving a gift in your Will you can ensure your legacy lives on.

Donna Rendell, Chief Executive Officer, Asthma WA

The Facts



One in Nine

2.7 million Australians¹ live with asthma, including 237,000 in Western Australia. Over 46,000 have COPD.



COPD

is a chronic lung disease that effects 14% (one in seven) people aged 40 or over³

This figure increases to **29% of Australians aged 75 or over**



Every year approximately

40,000

Australians are hospitalised due to their asthma²

Whilst not everyone is hospitalised, poor management contributes to a

decreased

quality of life, poor sleep quality, fatigue, and depression¹



80%

of hospital admissions² due to asthma are potentially avoidable

1. Australian Bureau of Statistics 2018; National Health Survey: First Results, 2017-18. ABS Cat no. 4364.0.55.001. Canberra: ABS.

2. AIHW 2019, Separation statistics by principle diagnosis (ICD-10-AM 10th edition), Australia 2017-18. Canberra: AIHW

3. Toelle B, Xuan W, Bird T, Abramson M, Atkinson D, Burton D, James A, Jenkins C, Johns D, Maguire G, Musk A, Walters E, Wood-Baker R, Hunter M, Graham B, Southwell P, Vollmer W, Buist A, Marks G. Respiratory symptoms and illness in older Australians: The Burden of Obstructive Lung Disease (BOLD) study. Med J Aust 2013;198:144-148

Leaving A Legacy

After ensuring that your loved ones are cared for in your Will, a bequest to Asthma WA will make a lasting impact by enabling us to continue helping others now and into the future.

By nominating your gift to go where it is needed most, you will enable Asthma WA to better respond to the needs of Western Australians living with respiratory conditions.

As a *Legacy Leader*, you will join the Asthma WA family and be a part of our ongoing journey and we will make certain that you are well remembered for your generosity and foresight.

Why is it Good to Leave a Legacy?

- It is your chance to make a lasting difference to the lives of many, for generations to come
- It ensures that after you have passed, you can still support something that is important to you
- It is another way for you to be remembered by being associated with something you care about
- You will become part of our family of donors and be kept up to date about the vital work we are doing in Western Australia

A gift in your Will, no matter the amount, can make a real difference now and in the future



Why Asthma WA?

Asthma WA (formerly Asthma Foundation of WA) is the leading Western Australian community organisation, providing education and support to people with asthma and chronic obstructive pulmonary disease, and those that care for them.

We also provide education and training in group settings for health professionals, including doctors, practice nurses, pharmacies, as well as community groups such as schools, sporting clubs, workplaces, child-care centres and prisons.

Asthma WA is a registered charity that has been helping Western Australians breathe better for over 55 years.

Your Gift, Our Commitment

Rest assured that we will use your gift wisely. Your gift enables us to:

- Continue providing our essential services free of charge
- Develop new and innovative services, that reduce the health, social and economic impacts of respiratory conditions
- Invest in relevant technology to reach people right across the state of Western Australia
- Develop resources and programs that improve quality of life and wellbeing
- Invest in equipment and infrastructure to assist with diagnosis and ongoing management



Your Gift Makes a Difference

Imagine being one of the 270,000 people in Western Australia who can't 'just breathe'. With your help, Asthma WA can empower people with asthma and chronic obstructive pulmonary disease to take back control of their respiratory health and breathe better.

Leaving a gift to Asthma WA in your Will is a meaningful and lasting way to support Western Australians now, and for generations to come.

“I don't know where I'd be without Asthma WA. I'd had issues with my asthma in the past but after having a baby, my asthma became really bad and I desperately needed help. The support I received from the team at Asthma WA was honestly lifesaving. Because of them, I am now so much more aware of my symptoms and confident in managing my asthma, keeping myself well not just for me, but for my family too.”

Sara, Maylands





How You Can Trust Your Money is Well Managed

- Asthma WA has a proud enduring history of helping Western Australians breathe better
- We are transparent with our finances. You can view our previous annual reports on our website or view our listing with the Australian Charities and Not-for-Profits Commission
- By becoming a *Legacy Leader*, we can arrange a meeting with our CEO to discuss your wishes for your bequest
- If you would like to learn more about our organisation, our governance and our Board, please visit our website: asthmawa.org.au

Things to Consider

TYPE OF GIFT

- **Specific Gift** – a nominated and specified gift. This can be identifiable as financial funds, stocks/shares, property art, furniture, jewellery etc
- **Pecuniary Gift** - a specific sum of money nominated by you
- **Percentage Gift** - a percentage of your estate
- **Residual Gift** - The balance of your estate after all other obligations have been met

Wording Your Will

We recommend discussing any changes to, or the creation of your Will, with a lawyer and your family first.

To ensure the wording in your Will accurately reflects your intentions it's important to consult a legal professional.

To request sample wording for a gift in your Will please call our Bequest Team. Our contact details are below.

Our full and correct name is: Asthma Foundation of Western Australia Incorporated.

Our ABN is 57 057 873 242.

Contact Us

If you are thinking about leaving a gift in your Will to Asthma WA, we would be honoured to hear from you.

Please contact our Bequest Team on (08) 9289 3600 for a confidential discussion or email bequest@asthmawa.org.au

Our deepest thanks to our Legacy Leaders

